



# How to deal with PBSO

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FRANS HOOGEVEEN



Behavioural and  
psychological  
symptoms  
of dementia

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**Psychosocial  
interventions  
first!**





Stress Management  
or Mood Management









# Behavioural and psychological symptoms of dementia

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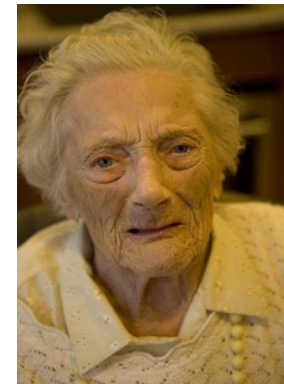
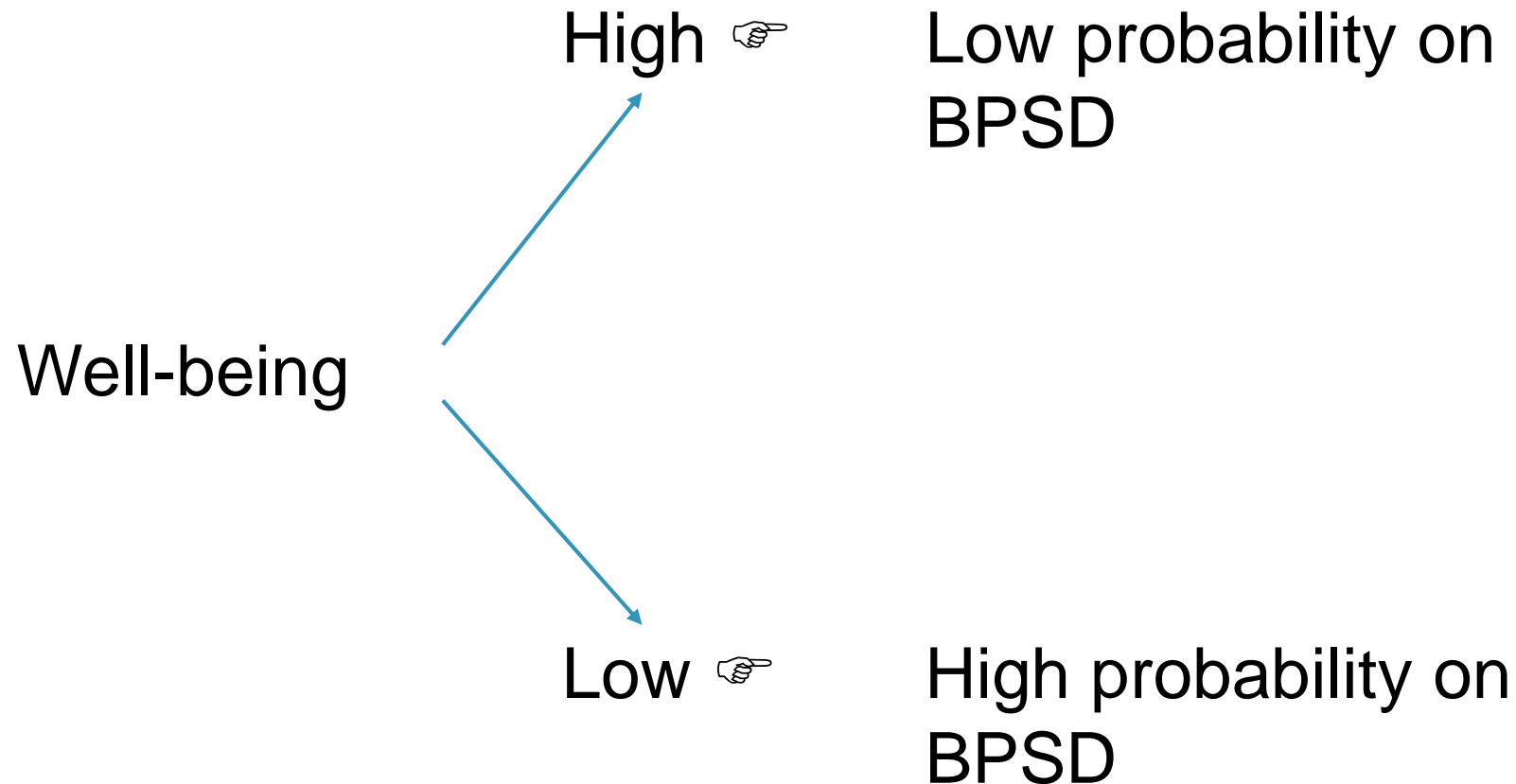
- ☞ Fear
- ☞ Grief
- ☞ Apathy
- ☞ Depression
- ☞ Agression



These symptoms are caused by a combination of biological, psychological and social factors resulting in stress

# Correlation between well-being (QoL) and BPSD

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# Quality of life in dementia

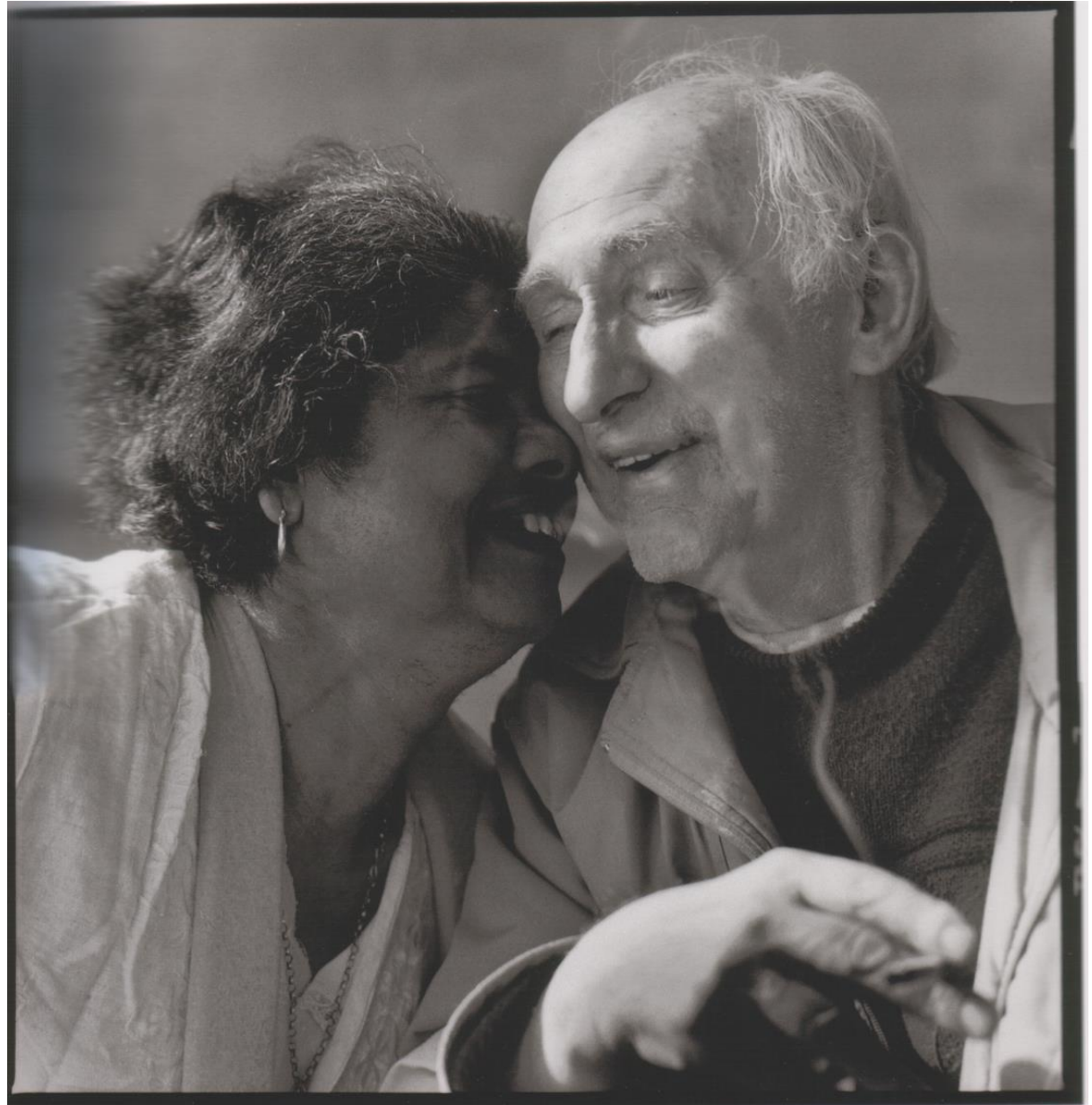
(Dröes, Hoogeveen; 2006)

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- Attachment
- Sense of belonging to other people
- Intimacy
- Self image
- Sense of being useful
- Sense of freedom



# Quality of life in dementia









# Prevention of BPSD

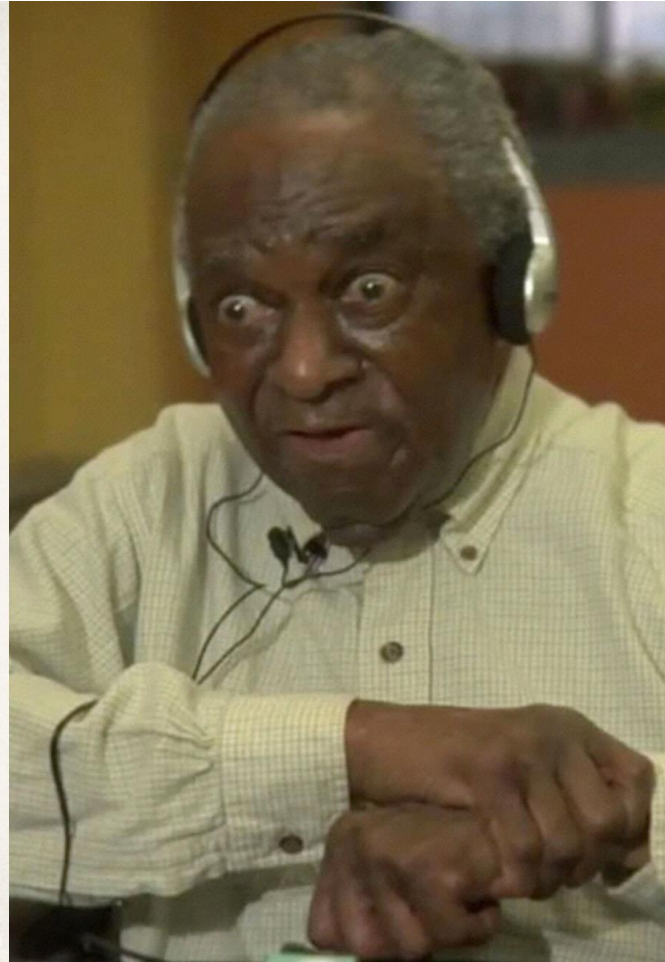
- Vision and hearing
- Pain



❖ I feel a bond of love

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❖ I figure right now, the world needs to come into music



# Music and Memory

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# Associate learning

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# Stress Management or Mood Management

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Thank you  
for your  
attention!

